



## Aftercare

**You've had your gorgeous new hair extensions fitted, what's next?**

**Taking care of them and making them last.**

**Please read through our simple aftercare and maintenance advice carefully.**

- Regular maintenance appointments are important to keep your own hair healthy (every 10 weeks for Micro/Nano ring application, Every 6-8 weeks for Weave fittings)
- Please use recommended aftercare products (Sulphate free Shampoo) to keep your hair extensions in good condition, I suggested you some products on your appointment. Failing to use these products might shorten the lifespan of your hair.

### **After Fitting**

- One of the first things you may notice immediately after having your hair extensions installed is your scalp may feel tender or sore. Don't panic, this is normal and will subside within a couple of days. You have extra weight attached to your head and this should not be perceived as a problem, therefore you have no need to worry. However, if the tenderness or soreness persists, or you endure any other issues, you should contact us, and we will check the installation.
- Please note: If you have Micro or Nano rings fitted, it **is completely normal to loose some in-between fitting and maintenance**. It is considered normal to loose up to 10%, please collect them and bring them back for your maintenance appointment. They will be fitted back in. Keep the lost extensions tangle free.
- If you had Tape Extensions fitted, please don't wash your hair for at least 24h or longer.
- You must not wear your hair tightly tied up for the first week. This can cause unnecessary tension on your roots.

### **Brushing**

#### **When dry:**

- It is important to **only** use a hair extension brush/Tangle Teezer on or near the extensions. This is to prevent the hair from snagging. Hair extension brushes are specifically designed to flow through the bonds.
- Please make sure bonds are held when brushing to prevent excess tugging and to prevent forcible removal of the bonds. Brush from the bottom working your way up the hair to remove any knots.
- It is perfectly normal to loose strands of hair every now and then when brushing, so don't panic.
- Gently brushing your hair thoroughly at least once or twice a day will prevent knotting and matting.

### **Washing**

- Prior to washing, de-tangle hair from ends to roots.
- You should only wash your hair extensions 2-3 times a week with hair extension shampoo in warm water. Over-washing could lead to dryness and unnecessary wear and tear to bonds.
- Conditioner should **only** be applied from mid length to the ends of your hair extensions. Never apply conditioner to the bonds.
- When washing your hair, do not tip your head over the bath as this could cause tangling and tension.
- Apply some Hair Oil after you towel dried your hair before blowdrying your hair. Hair Oil is the best product to keep your hair extensions healthy.

### **Drying**

- Dry hair using a blotting motion and squeeze the hair in a towel to remove excess moisture. Do not rub or roll hair dry in a towel.
- It is advised that you ALWAYS blow dry your hair after you washed it. You must not leave your hair to air dry.
- Heat is your biggest enemy, only blow-dry hair on a cool setting. Using a hot setting may result in

- the bonding agents softening and loosening over a period of time.
- If you wear Tapes be extra careful with heat and styling tools near the tape. Heat make the tapes come apart and slip.
  - Never go to bed with wet hair. Sleeping with wet hair can cause matting and can damage your own hair and your extensions.

### **Styling & Finishing**

- Straightening irons, tongs, crimpers and heated rollers can be used on your hair extensions.
- We advise that you use a good quality heat defence spray to protect your hair and hair extension
- You must keep any heat away from the bonding agents at all times, as this may cause them to melt.
- Hairsprays, serums and gels may be used on your hair extensions. Please make sure you avoid all bonds, as this may cause slippage.

### **Sleeping**

It is recommended that you tie your hair in a loose ponytail or plait before sleeping. This is to prevent unnecessary tangling.

**You should never go to bed with wet hair.**

### **Colouring**

We do not recommend any additional colour application, as this may cause damage to your hair. If you choose to do so, the colour should be applied by a professional and carried out on test strands first, to achieve the desired results. This will be done at your own discretion and risk. We will not accept any liability for damage to hair extensions due to colouring. This also includes the use of high-street pigment toners (silver shampoos). I recommend to only use silver shampoo from Beauty Works or Osmo. Hair Extensions are 100% human hair they can fade in colour over the cause of wear.

### **Exercise, Lifestyle & Holidays**

**- We do not recommend that you swim when wearing hair extensions. Seawater and chlorinated water may cause hair extensions to dry, matt, discolour, knot and can weaken the bonding agents.**

- If you do choose to swim, we recommend that you tie your hair up out of the way. If you get your hair wet, immediately after swimming, rinse hair with fresh water thoroughly to wash out any chemicals that may lead to damage. This will be done at your own risk. We will not be held responsible for damage caused by seawater and chlorinated water.

- If you use a sunbed, wrap or cover hair extensions first. UV lighting may weaken bonding agents, discolour, or dry the hair out.

- Be sure to use a good quality UV protection spray when your hair extensions are exposed to prolonged sunlight. If you choose to wear hair extensions abroad in a hot climate, your hair may become dry. Keep hair well nourished and hydrated and be sure to protect the hair from UV rays. High levels of Ferrum Components found in tap or shower water abroad may also cause damage to hair.

- If you regularly use a sauna or steam room make sure bonds are completely dried as soon as possible after use.

- Leaving bonding agents in a constantly damp condition may cause damage and decrease their life span.

We will not be held responsible for discolouration of any sort while wearing hair extensions .

### **Removal**

Please ensure a professional removes your hair extensions with the correct tools and solution to prevent damage to your natural hair.

Please note: We cannot be held responsible for any damage to your hair extensions or your own hair caused by not following our aftercare advise.

**Now that's out of the way, we hope this will help you to understand the importance of maintaining your hair extensions and to keep them looking naturally beautiful.**